



Welcome from the Meet Co-ordinators

As meet co-ordinators, we would like to invite you to the Borough of Barnsley Swimming Club's Annual Summer Sizzler Meet. The event is to be held on Saturday 8<sup>th</sup> December at **The Ponds Forge International Pool, Sheffield.**

This year's format will follow the previous Christmas meet with 200m Individual Medley with our usual 50 and 100 metre events, events are open to all age groups, long course. Medals awarded for top 6 swimmers in each age group with top girl and top boy in each age group.

We enclose full details and entry sheets and look forward to hearing from you. The closing date for entries to the gala will be Wednesday 31<sup>st</sup> October 2018. Entries will be accepted on a first come first serve basis and payment is required at the point of entry..

Entry per event: £5.50

Coaches will be admitted to the poolside with provision of a certified coaches pass. Priced £10.50.

Please return your entry sheets (with cheques made payable to B.O.B.S.C)

Club Secretary

57 Rose Hill Drive

Dodworth

Barnsley

S75 3LY

Tel: 01226 397382

**Please note updated payment details:**

Please email your entry forms and sportsys files to [secretary@bobsc.co.uk](mailto:secretary@bobsc.co.uk) or post manual entries (with cheques made payable to B.O.B.S.C). Please ensure entries for 3 swimmers or more are on a sportsys file.

Club Secretary

57 Rose Hill Drive , Dodworth, Barnsley, S75 3LY Tel: 01226 397382

BACS transfer to :

Sort Code 20-04-50 Account 93406180

Thank you.

Yours sincerely

BOBSC EVENTS TEAM



**BOROUGH OF BARNSELEY SWIMMING CLUB**

Affiliated to North East Region ASA & Sheffield & District ASA

Under ASA Laws and ASA Technical Rules at the

Ponds Forge International Pool, Sheffield

23<sup>rd</sup> Christmas Sprint

Licence - 3NE182360

Saturday 8<sup>th</sup> December 2018

General information and meet rules:

1. The competition will be held under ASA Laws and ASA Technical Rules.
2. All entrants must be a member of an affiliated club and an amateur as defined by ASA Law.
3. Age groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs&over. Competition ages will be as 8<sup>th</sup> December 2018.
4. All events will be heat declared winners. Heats will be arranged according to submitted times.
5. This will be a CARDLESS MEET, ANY ERRORS MUST BE REPORTED TO THE ORGANISER AS SOON AS POSSIBLE TO ALLOW TIME TO AMEND THE PROGRAMME.
6. Withdrawals will be accepted by e-mail until Friday 7<sup>th</sup> December at 6pm. No withdrawals will be accepted on the day.
7. Start sheets will be issued prior to commencement of the gala. LATE ENTRIES WILL NOT BE ACCEPTED.
8. Competitors must report to the competitive stewards at the starting control 2 events before the event they are competing in, at which time they will be allocated to their correct lane. Any competitor not reporting on time may be excluded from the event.
9. Awards will be presented to the first 6 swimmers in each age group. Top boy and top girl trophies will be awarded in each age group (including 9yrs) to the swimmer accumulating the most points over both sessions.
10. Presentations will not be made, competitors who have won an award must report to the trophy table when called by the announcer.
11. THERE ARE NO ADDITIONAL TOLERANCE TIMES, COMPETITORS WHO BREAK CUT OFF TIMES WILL NOT BE ELIGIBLE FOR THE 6 AWARDS BUT WILL RECEIVE SPEEDING TICKETS.
12. Coaches will be admitted to poolside on production of a coaches pass available on the day costing £10.50.
13. The referee's decision is final.
14. Swimmers are requested to use the changing room lockers.



15. No outdoor shoes must be worn on poolside; footwear must be worn outside the pool area.
16. No glass containers are permitted on the poolside.
17. You are advised not to leave clothes or equipment lying around as neither the promoters or Ponds Forge Management can accept liability for loss or damage. Any lost property should be taken to the announcers table.
18. The promoters reserve the right to refuse admission to any competitor or spectator.
19. Any matter not covered in the above will be at the discretion of the organisers. Any queries should be directed to meet organisers – the Committee.

All entries will be dealt with on a first come first serve basis.



## Schedule of Events

Session 1 – Warm up 8am

Session 2 – Warm up 1.30

Event 101 – Girls 200m IM

Event 201 – Boys 200m IM

102 – Boys 100m Backstroke

202 – Girls 50m Backstroke

103 – Girls 100m Butterfly

203 – Boys 50m Breaststroke

104 – Boys 100m Breaststroke

204 – Girls 50m Butterfly

105 – Girls 100m Backstroke

205 – Boys 50m Backstroke

106 – Boys 50m Butterfly

206 – Girls 100m Breaststroke

107 – Girls 50m Breaststroke

207 – Boys 100m Butterfly

108 – Boys 50m Freestyle

208 – Girls 100m Freestyle

109 – Girls 50m Freestyle

209 – Boys 100m Freestyle



## BOBSC 23<sup>rd</sup> Annual Christmas Sprint

### Cut off times

Boy entry times no faster than:							
	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over
50m Freestyle	No Cut off times	34.70	33.10	31.20	29.70	28.30	26.70
100m Freestyle		1.20.0	1.10.3	1.05.8	1.02.5	1.00.4	59.80
50m Breaststroke		45.50	43.20	39.90	37.40	35.80	34.50
100m Breaststroke		1.40.0	1.30.9	1.24.6	1.19.4	1.16.3	1.14.5
50m Butterfly		38.90	36.60	34.20	32.20	30.80	29.50
100m Butterfly		1.20.0	1.18.6	1.13.2	1.08.9	1.05.7	1.03.8
50m Backstroke		40.10	38.70	36.30	34.30	32.70	31.70
100m Backstroke		1.29.0	1.20.5	1.15.2	1.11.0	1.07.7	1.06.1
200m Individual Medley		3.09.2	2.53.5	2.43.1	2.34.4	2.28.5	2.25.0

Girls entry times no faster than:							
	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over
50m Freestyle	No Cut off Times	34.30	32.30	30.80	30.00	29.10	29.00
100m Freestyle		1.18.0	1.11.8	1.05.5	1.04.5	1.01.3	59.9
50m Breaststroke		46.90	42.80	40.40	38.90	37.80	37.00
100m Breaststroke		1.40.0	1.31.8	1.26.3	1.24.0	1.22.7	1.20.0
50m Butterfly		39.00	36.60	34.80	33.30	32.60	32.00
100m Butterfly		1.21.0	1.18.5	1.14.3	1.11.5	1.10.5	1.09.6
50m Backstroke		40.00	37.50	36.00	35.60	34.70	34.00
100m Backstroke		1.28.0	1.20.3	1.16.0	1.13.9	1.12.5	1.11.5
200m Individual Medley		3.07.6	2.53.0	2.41.2	2.39.5	2.33.0	2.31.0

### Long Course Pool

Please note there is no additional tolerance permitted on the above times.

No entries will be accepted with times faster than the cut off times.

No awards will be made to swimmers who swim faster than the above cut off times, they will however receive a speeding ticket.